



## EXPLORE THE BIBLE.

Session 10: Confronting Doubts  
Suggested Week of Use: February 8, 2026  
Core Passage: Matthew 11:1-6,16-24

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### **News Story Summary**

In December, a new documentary called *Universe Designed* was released. Surprisingly, the director of the film, which presents evidence for God's existence, is a former atheist. As a child, Michael Ray Lewis believed in God, but that belief made little impact on his life. In addition, many of the Christians he encountered focused more on condemning people to hell, so he simply rejected the Christian faith. He thought the Bible was nonsense and even made fun of believers.

When Lewis's wife said that she wanted to start attending church, he vowed to prove her wrong. However, as she talked about evidence for the existence of God, he started researching the topic. At one point, he presented five pages of questions to a theologian who answered each one with Scripture. Still, he rejected those answers because he didn't want them to be true. Eventually, his thinking shifted, and he became a Christian. He now reads books by Christian apologists and listens to similar podcasts.

For more about this story, search "Former atheist's new documentary."

### **Engage**

To supplement the Engage activities, ask: *When have you been tempted to doubt your faith? Why?* Affirm that doubts happen and that God can use our doubts to lead us deeper into faith. Share the information related to Michael Ray Lewis and his documentary, *Universe Designed*. Note that once Lewis confronted his questions honestly, he was able to overcome his skepticism and accept Jesus for who He is. Say: *This session examines another scene from Matthew's Gospel and reveals how Jesus wants us to deal with our doubts and the doubts of others.*

### **Challenge**

To supplement the Challenge activities, remind learners of Michael Ray Lewis's path from atheism to being a Christ follower who tells others about God. Ask: *If you'd known Lewis when he was an atheist, how would you have witnessed to him? How can we approach doubters with mercy and grace—even when we struggle with our own doubts?* Remind the group that God understands our doubts and can use them to help us mature in our faith.

Close the session in prayer, asking God to use the Lewis documentary to lead unbelievers into the kingdom and to help each adult in the group to overcome any doubts as they grow in their faith.