Session 12 | KEY TEXT: Hebrews 1:1-4; 12:1-11

JESUS IS BETTER

CENTRAL TRUTH

As we work through key passages in the book of Hebrews, we will learn about the superiority of Jesus. He is the Source of our faith and shows us what total obedience to God looks like. With the Spirit's help, we are called to look to Jesus as we endure difficult times.

KEY QUESTION

↑ What does it mean for Jesus to be the "pioneer and perfecter" of our faith?

Jesus is not only the Source of faith but also He perfectly modeled faith through His complete obedience to God. As believers, we look to Christ's example and are empowered by His Spirit to run the race of faith.

KEEP IN MIND

- I The author of Hebrews encourages believers to lay aside sin that "ensnares" us (see Heb.12:1). Using the **Theology Note** in this week's session, show them what it means to combat the sin in our lives. Thankfully, the Lord does not leave us to our own devices to do this.
- In this week's passage, students will learn about the Lord's discipline—a word that likely has a bad connotation for many students. It will be important to establish that God's discipline is a demonstration of His love and care for His people. God does not discipline us to harm us, but to make us holy people.

APPLICATION

What are some ways we can remind each other that Jesus is the Source of our faith and our example?

THE WIN

FOR THE STUDENT: Help students understand that Jesus is the Source of our faith and modeled it perfectly. Therefore, we are called to look to Him as we endure difficult times.

FOR THE LEADER: Spiritual endurance does not mean we follow Jesus in our own strength. Students need to be reminded that Jesus is not only our perfect example, but has given us His Spirit to empower us to obey and follow Him.

LEADER TRAINING

Winter 2025-26

7 ARROWS

- What does this passage say?
- What does this passage tell us about God?
- What did this passage mean to its original audience?
- How does this passage change the way I relate to people?
- What does this passage tell us about the human heart?
- How does this passage prompt me to pray?
- What does this passage demand of me?