Session 08 | **KEY TEXT**: John 6:4-15,32-35

BREAD OF LIFE

CENTRAL TRUTH

This week, we will learn about Jesus's provision for a hungry crowd. Though Jesus will meet their physical need, He teaches them that He has come to meet their greater, spiritual need. **Jesus, the greater Moses, is the Bread of Life** who satisfies spiritual hunger.

KEY QUESTION

What does Jesus reveal about Himself through His "I AM" statement?

Jesus is the better Moses who rescues those who believe in Him; He is the better bread sent from heaven to meet humanity's greatest need; He is the Great "I AM"—God in the flesh!

KEEP IN MIND

- Before the miracle in today's session took place, Jesus took a boy's modest meal and gave thanks to God for it. Whatever His prayer was, it's important for us to note that Jesus thanked God for the food. There are so many ways that the Lord has blessed us, and we need to be reminded to regularly practice gratitude to the Lord.
- After Jesus's miracle, the once-hungry crowd tried to make Jesus king by force. Like the crowd, we may be happy with the idea of Jesus being king but are eager to determine how we would like for Him to rule. Remind students that when we agree to follow Jesus, we humbly submit to His kingship and rule on His terms, not ours.

APPLICATION

→ Why is it important for us to continually remember that God has satisfied our spiritual hunger and thirst in Christ?

THE WIN

FOR THE STUDENT: Students "win" this week if they understand that Jesus is the Savior who rescues those who believe in Him and meets our greatest need. True, eternal satisfaction is found in Christ alone.

FOR THE LEADER: Students are bombarded with a variety of things that offer lasting satisfaction. As you walk through this session, emphasize that true satisfaction is found in Jesus, the Bread of life.

LEADER TRAINING

Fall 2025

7 ARROWS

- What does this passage say?
- What does this passage tell us about God?
- What did this passage mean to its original audience?
- How does this passage change the way I relate to people?
- What does this passage tell us about the human heart?
- How does this passage prompt me to pray?
- What does this passage demand of me?