

12 WONDERFULLY MADE

KEY TEXT: PSALM 139:1-4,7-16

CENTRAL truth

God created each of us with focused care and He is worthy of praise for this. In this week's psalm, David reflects on God's attributes and praises Him for the way He made him. Together, we will be reminded that **God is our Creator who knows us personally and is always with us.**

key question

Why does David praise the Lord in verse 14? What can this teach us?

The Lord was involved in every detail of skillfully creating David. Knowing and meditating on this truth, David was prompted to praise the Lord for the way God made him. We too, are remarkably and wondrously made—each and every one of us. This truth not only shapes the way we see ourselves but also the way we see those around us.

keep in mind

- In our day and age, students and adults alike are bombarded with reminders, from social media and other outlets, that discourage us from celebrating how the Lord has uniquely created each of us. We will see David meditate on how he was made and worship the Lord in response. Remind students that we ought to do the same and encourage them to practice this week's **Leader Challenge**.
- As we study Psalm 139, we will learn about God's omniscience. This may prompt some students to wonder what the point of praying is, if the Lord knows all things. Using the **Theology Note** in this week's session to guide you, help students to understand that God's infinite knowledge should not prevent us from praying; rather, it should free us to pray genuinely and with boldness.

application

How does the truth of Psalm 139 differ from how the world determines our value?

the win

FOR THE STUDENT: Students "win" this week by seeing themselves as remarkably and wonderfully made by God and worshiping the Lord in response to this truth.

FOR THE LEADER: Leaders "win" this week by reminding themselves and students that God is our all-knowing and ever-present Creator who personally made us and is with us. Though we often find reasons to criticize ourselves for how we were made, the way God has created us should lead us to worship Him.

SUMMER
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