

10 FORGIVENESS BRINGS JOY

KEY TEXT: PSALM 32:1-11

CENTRAL truth

After a period of concealing his sin and deep agony, David confessed his sin to the Lord and was met with grace and mercy. Through Psalm 32, we will discover that **experiencing God's forgiveness leads to worship.**

key question

What does the Lord's response to David's confession of sin teach us?

David finally stopped concealing his crooked, rebellious acts and acknowledged them before the Lord. When he did, he finally found relief and refreshment and experienced God's forgiveness. The Lord graciously did not allow David to continue in His sin. God's conviction weighed on David, and God forgave him when he confessed his sin.

keep in mind

- Some students in your group may not know what *confession of sin* means. Simply put, it is admitting or acknowledging one's wrongdoing to God or another person. As you unpack this for them, help them to see that the opportunity to confess and repent before the Lord is a gift.
- In this psalm, David acknowledges that his sin had spiritual and physical consequences. He was in deep agony. However, students may need help seeing that not all suffering is a result of our own rebellion and wrongdoing. Allow this week's **Give an Answer** note to guide you.

application

Who is a trusted believer whom you can confess your sin to? Why is it important to have people like this in our lives?

the win

FOR THE STUDENT: Help students understand that while sin leads to ruin, confession of sin before God leads to experiencing true forgiveness and joy.

FOR THE LEADER: Challenge students to see the opportunity to confess sin to a gracious God as a gift, and encourage them to find one believer whom they can practice confession with.

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