



## EXPLORE THE BIBLE.

Session 13: Trust

Suggested Week of Use: November 24, 2024

Core Passage: Acts 27:31-44

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### News Story Summary

Earlier this month, the University of Kansas Life Span Institute released a study indicating that parents who are looking for online health care information for their children trust artificial intelligence (AI) responses more than advice from health care professionals. The study also showed that AI responses were rated as more reliable, trustworthy, and accurate than answers written by knowledgeable medical personnel.

The study did not look at *why* parents trusted AI chatbot responses more, but researchers have formulated several theories. One idea is that AI sites present information in understandable and digestible language. Another theory is that when parents don't want to wait for an appointment or callback from a doctor, AI platforms are an appealing option.

For more about this story, search “parents trust AI more than doctors”

### Engage

To supplement the Engage activities, tape a large piece of paper on a focal wall before adults arrive. Scatter the following words over the paper: teacher, pastor, car dealer, therapist, parent, spouse, best friend, AI (artificial intelligence), police officer, and doctor. If you have some of these people in your class, like a doctor or a police officer, substitute those with different people, such as a coach or neighbor.

As the group arrives, give each person a notecard and a pen. Call attention to the words listed on the paper. Instruct adults to rank the words on the paper in order of trust, with “1” being the most trustworthy and “10” being the least. After a few minutes, allow adults to share their rankings.

Summarize the study in which parents trusted medical advice produced by AI chatbots more than the advice of actual doctors. Ask: *What determines whether you trust someone (or something)? Does trust come easily to you? Why or why not?* Share that today's session, which wraps up the study of Acts, encourages us to trust God completely—even in difficult times.

### Challenge

To supplement the Challenge activities, recall the study regarding AI chatbots and the advice of doctors. Say: *Today, we looked at how we can experience joy by trusting God in every situation.* Direct the class to review their rankings from the opening activity and to reflect on where they

might rank God. Ask: *Why might people struggle to trust God in all circumstances? What helps you to trust God?*

Encourage adults to share an area in which they need deeper trust in God. Give them a few minutes to pray silently for those who voiced their concerns. Close in prayer, asking God to give every believer a deeper trust and deeper joy in all circumstances.