

06 BREAD FROM HEAVEN

KEY TEXT: **EXODUS 16:11-19; 17:1-6**

CENTRAL truth

This week, we will learn about the Israelites' experience in the wilderness and their complaints over not having food and water. Though they lacked trust in the Lord, He graciously met their needs, reminding us that **we can trust the Lord to be our Provider.**

key question

In what way did the rock that Moses struck at Horeb point to Jesus?

The people of Israel were saved when Moses struck the rock in the wilderness. Jesus is the spiritual rock that was struck down, providing salvation for those who believe. In Jesus, we find God's ultimate provision and kindness.

keep in mind

- While this week's passage addresses the Israelites' grumbling against Moses and God, it's important for students to see the difference between having a rebellious attitude rooted in a lack of faith and simply being honest with the Lord. Students need to be reminded that they can bring their hurt, confusion, and questions to God.
- Allow your small group to be a space where students can bring their doubts and discouragements. Using this week's **Theology Note** as a resource, help students discover that doubt does not have to cripple them. Through Christ, they can be strengthened to find true contentment in whatever circumstances they find themselves.

application

How can we celebrate with one another when we experience the Lord's provision in our lives?

the win

FOR THE STUDENT: Students should understand that we can bring our requests to the Lord in faith, knowing He is our good Provider and that He will enable us to find contentment in His will.

FOR THE LEADER: As you help students to see the difference between being honest with God and the bitter attitude of the Israelites, point them to the Lord's gracious and merciful character in today's Scripture.

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