

# 05 HE FIGHTS FOR US

KEY TEXT: **EXODUS 14:19-31**

## CENTRAL truth

In this week's teaching, the Israelites will find themselves between a rock and a hard place. Specifically, they'll find themselves between the Red Sea and the Egyptian forces following them in hot pursuit. Although Egypt was powerful, they were no match for the power of the one true God. **The Lord graciously fights for His people.**

## key question

**How does the Israelites' crossing of the Red Sea help us see what the Lord has done for us in Christ?**

The Lord raised up Moses to lead the Israelites to freedom from their Egyptian captivity. Through Jesus, God has led us from our spiritual captivity and transferred us into His kingdom. He is the One who brings true freedom.

## keep in mind

- This week's teaching will help students to see what the crossing at the Red Sea can teach us about one of the most foundational practices of our faith: baptism. The act of baptism symbolizes the work that God has graciously done in us: we've been set free from our old way living and have been brought into God's kingdom to follow Him and be His people. See this week's **Theology Note** for more details.
- Students will face many difficulties in their lives, and they need to be reminded of the hope of Jesus's return, which is often called "the final exodus." We have been freed from the penalty of sin, and when Jesus returns, we will finally be freed from the presence of sin as well. Death, grief, and pain will be destroyed by God's victory. He will dwell with us and wipe every tear from our eyes (see Rev. 21:3).

## application

**What does it mean to live with a healthy fear of the Lord? How can our lives reflect this?**

## the win

**FOR THE STUDENT:** Students should understand that like the Israelites, we have not been freed to do what we want; rather, God has freed us to worship and honor Him.

**FOR THE LEADER:** As a leader, you have the opportunity to draw on your own experiences of God's saving work. Through this teaching and your own story, help students see that true freedom is found in following the Lord.

WINTER  
2025