



## EXPLORE THE BIBLE.

Session 3: Joy Through Humility

Suggested Week of Use: September 19, 2021

Core Passage: Philippians 2:1-15

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### News Story Summary

Joel Boyers, an experienced helicopter pilot from Nashville, Tennessee, and his fiancée were headed home to celebrate his fiancée's recent accomplishment of earning her pilot's license. On the way home, he received a call regarding a flood victim needing help in Waverly, Tenn., a small city about 60 miles west of Nashville. By the end of the day, Boyers had rescued seventeen people who were stranded because of local flooding. While he was proud of successfully rescuing the flood victims, Boyer said that he should be thanking the victims because of a recent prayer he uttered to God days before asking God to give him some meaning in his life.

For more about this story, search "17 rescued in Tennessee floods by helicopter pilot, fiancée."

### Focus Attention

To supplement the Invite idea under Focus Attention, after the group has recorded and shared their synonyms for humble, discuss the article about the helicopter pilot rescuing seventeen victims of a flood. Ask: *How does his thanking the people he rescued demonstrate humility?* Complete the step as written.

### Summarize and Challenge

To supplement the Review idea under Summarize and Challenge, after the group discusses the two verses (Phil. 2:3,5), remind the group of the helicopter rescue. Lead the group to discuss how the news story provides a practical example of what considering others over self might look like. Transition to the Analyze suggestion by asking: *What other actions could a person take today that would demonstrate placing the needs of others over self?*