



EXPLORE THE BIBLE.

Session 8: The Gospel's Goal
Suggested Week of Use: October 24, 2021
Core Passage: Colossians 1:24—2:3

News Story Summary

As a youngster, Luis Centeno had goals of wanting to build his own business. However, his initial business dealings were in the form of selling drugs on the streets of Little Village. Centeno's illegal activities led to a prison sentence of ten years. While in prison, the gym served as a safe place for him, and he learned how to deal with anxiety, stress, and depression. Upon his release from prison, Centeno found it difficult to find permanent jobs. With determination and hard work, he opened his own gym. He now finds himself helping others reach their fitness goals as well as organizing fundraisers and toy drives for children whose parents are incarcerated and for prison ministries.

For more about this story, search “In prison, the gym was his safe haven.”

Focus Attention

To supplement the Invite idea under Focus Attention, introduce the group to the story about Luis Centeno. Lead the group to discuss Centeno's goals and methods of achieving his goals prior to prison and after prison. Ask: *What were the challenges that Centeno faced?* Complete the step as written, using the Connect idea.

Summarize and Challenge

To supplement the Encourage idea under Summarize and Challenge, redirect the group to the article on Centeno. Guide them to discuss the maturity that has taken place in Centeno's life, drawing attention to the mentoring now taking place. Ask: *How might this mentoring be like mentoring others to spiritual maturity?* Complete the step as written.